

MASSAGE

NO HANDS MASSAGE

1h / £150

PARTIAL BODY MASSAGE

30min / £75

REFLEXOLOGY

Treatment working on the feet, helps to stimulate circulation, balance, de-toxify and gives a feeling of strong well-being, also helping to alleviate any minor ailments throughout the body.

1h / £90

SIGNATURE MASSAGE

The Ashram massage combines deep tissue, Shiatsu pressure points, lymphatic drainage, aromatherapy and a no hands technique. Nourishing, energising and transforming touch.

from £25